

Phitsanulok





Thung Salaeng Luang National Park

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Phra Attharot

PHITSANULOK

Thai Term Glossary

Amphoe: District

Ban: Village

Chedi: Stupa or Pagoda

Doi or *Phu* or *Khao*: Mountain

Khlong: Canal

Ko: Island

Maenam: River

Mueang: Town or City

Namtok: Waterfall

Tambon: Sub-district

Tham: Cave

Thanon: Road

Ubosot or *Bot* : Ordination hall in a temple

Wihan: Image hall in a temple

Wat: Temple

Note: English spelling here given tries to approximate Thai pronunciation. Posted signs may be spelled differently. When seeking help from a Thai for directions, point to the Thai spellings given after each place.

A city in the lower part of Northern Thailand rich in historical, cultural and natural attractions, Phitsanulok is some 377 kilometres from Bangkok. The province covers an area of 10,815 square kilometres, featuring mountains, plains and forest in the east and river basin. The Nan River, lifeline of the province runs through the heart of the city. Phitsanulok comprises 9 districts including Amphoe Mueang Phitsanulok, Amphoe Wang Thong, Amphoe Phrom Phiram, Amphoe Bang Rakam, Amphoe Bang Krathum, Amphoe Nakhon Thai, Amphoe Wat Bot, Amphoe Chat Trakan, and Amphoe Noen Maprang.

History

The city dates back to the 10th century when the Khmer ruled this region. Formerly, the city was named Song Khwae, meaning two rivers, as it was located between the Nan and Khwae Noi River. The original location of Song Khwae city is at Wat Chulamani. Around the year 1357, king of Sukhothai, Phra Maha Thammaracha Lithai, decided to move the town to its present location. Since then, Phitsanulok served as a strategic border town ruled by members of the royal family.

During the Ayutthaya Period, the town played a larger role as a buffer town between Ayutthaya, the capital city, and the northern kingdom. Following an administrative reform by King Borommatrailokkanat, it

had served as the capital city for 25 years. After that, the town was downgraded to a strategic border town. It has played a major role in blocking the invasion of Burmese troops. King Naresuan the Great, who ruled the town in a capacity as Crown Prince, mobilized troops from Phitsanulok to fight against the Burmese who then ruled over the Siamese Kingdom, and reclaimed independence in 1584.

Phitsanulok became a strategic town in curbing Burmese invasion again in 1775 in the Thon Buri period. During a tough battle, the Burmese army's commander requested an appearance of a Thai commander, Chaophraya Chakri, and predicted that he would become a king. Chaophraya Chakri was later crowned the first monarch of the Rattanakosin period, King Rama I the Great of the Royal House of Chakri. Phitsanulok was upgraded to be a circle called Monthon Phitsanulok in 1894 in the reign of King Rama V. Now, Phitsanulok is a province.

Boundary

North : Uttaradit and Lao PDR,
 South : Phichit.
 East : Phetchabun and Loei
 West : Sukhothai and Kamphaeng Phet.

How To Get There

By Car: From Bangkok, motorist can travel through Highway 1 up north to Wang Noi of Ayutthaya, then use Highway 32, through Ang Thong, Sing Buri, Chai Nat, and Nakhon Sawan. Then get on Highway 117 bound for Phitsanulok. This route, which is the most convenient way, is 377 kilometres long from Bangkok.

From Sing Buri, motorist can use Highway 11, the In Buri-Tak Fa route, and turn into Highway 12 to Amphoe Wang Thong of Phitsanulok, and turn left to Phitsanulok which is 17 kilometres away. This route is a total of 450 kilometres from Bangkok.

Travellers can also travel through Phetchabun and Lom Sak before getting on Highway 12. A distance of 100 kilometres, this route is rich of attractions.

By Bus: Regular buses and coaches leave the Northern Bus Terminal (*Mo Chit 2*) in Bangkok all day long. For more information, call the state-owned Transport Co., Ltd. at Tel: 1490 www.transport.co.th or Phitsanulok Bus Terminal Tel: 0 5524 2430. Air-conditioned coach services are available at Phitsanulok Yanyon Tour Co., Ltd. (Tel: 0 2936 2924-5 or 0 5525 8647), Cherdchai Tour Co., Ltd. (Tel: 0 2936 0199 or 0 5521 1922), and Win Tour (Tel: 0 2936 3753-4 or 0 5525 2617).

Daily services to Phitsanulok are available from nearby provinces such as Uttaradit, Phrae, Lampang, Chiang Mai, Sukhothai, Mae Sot of Tak, Phichit, Phetchabun and Khon Kaen.

By Train: Sprinter trains, rapid trains and ordinary trains leave Bangkok Railway Station (*Hua Lamphong*) for Phitsanulok daily. For more information, call 1690, or Phitsanulok Railway Station at Tel: 0 5525 8005 www.railway.co.th

By Air: There are daily flights between Bangkok and Phitsanulok, contact Thai Airways Tel: 0 2356 1111 www.thaiairways.com, or call the Phitsanulok office at Tel: 0 5524 2971-2

Distances from town to neighbouring districts.

Bang Rakam	17 km.
Wang Thong	17 km.
Wat Bot	30 km.
Bang Krathum	35 km.
Phrom Phiram	40 km.
Noen Maprang	75 km.
Nakhon Thai	97 km.
Chat Trakan	136 km.

Attractions

Amphoe Mueang Phitsanulok

City Pillar Shrine (ศาลหลักเมืองพิษณุโลก) The city pillar is located in the shrine on the western bank of the Nan River, opposite the Mueang Phitsanulok District Administration Office. Designed by the Fine Arts Department, the Prang-shaped building houses the city pillar which is made of different kinds of sacred wood in its various parts and has gone through a religious ceremony at the Temple of the Emerald Buddha in Bangkok.

King Naresuan the Great's Shrine (ศาลสมเด็จพระนเรศวรมหาราช) The ancient-style three-portico pavilion designed by the Fine Arts Department houses a life-size statue of the king in a sitting posture, declaring independence from Burma. An annual celebration takes place on 25 January of each year. The shrine is located at the site that was once the Chan Palace, the birthplace of King Naresuan the Great. The palace's foundation was discovered in 1992.

Wat Phra Si Rattana Mahathat Woramahawihan, Wat Yai or Wat Phra Si (วัดพระศรีรัตนมหาธาตุวรมหาวิหาร หรือ วัดใหญ่ หรือ วัดพระศรี) The Buddhist temple houses Thailand's most beautiful Buddha image, Phra Phutthachinnarat. Built in 1357, the temple is located on Phutthabucha Road by the Nan River. It houses many valuable antiques such as:



Phra Phutthachinnarat

Phra Phutthachinnarat (Phra Buddha Chinaraj) (พระพุทธชินราช) Cast in the attitude of subduing evil, the huge bronze Buddha image is honoured as the country's most beautiful Buddha statue with graceful characteristics. The statue's unique feature is the wooden flame-like halo, a symbol of spiritual radiance. The statue was cast during the reign of Phra Maha Thammaracha I (*Phraya Lithai*) of the Sukhothai Kingdom. The Buddha image was cast together with other famous images called Phra Phutthachinnasi and Phra Si Satsada.

Mother-of- pearl inlaid wooden doors (บานประตูประดับมุก) At the entrance of the Wihan, the splendidly decorated door was made in 1756 by craftsmen of the royal school into an intricate traditional Thai style and design during the reign of King Borommakot in the late Ayutthaya period.

Phra Luea (พระเหลื่อ) The Buddha statue was made from the bronze left over from the building of the Phra Phutthachinnarat, Phra Phutthachinnasi, and Phra Si Satsada images. Phra Luea, in the attitude of subduing evil, is placed inside a small Wihan called Wihan Luea.

Wihan Phrachao Khao Nipphan, Wihan Klaep or Wihan Luang Sam Phi Nong (วิหารพระเจ้าเข้านิพพาน หรือ วิหารเกลบ หรือ วิหารหลวงสามพี่น้อง) Located at the south of Wihan Phra Si Satsadaram, this image hall houses a stone coffin placed on a pyre beautifully carved and decorated with colourful pieces of mirror. It is said that the coffin represents the Lord Buddha in nirvana. This unique antique is quite a special treasure of the temple.



Wat Chulamani

Phra Attharot (พระอัฐารส) The standing Buddha image in the attitude of persuading relatives not to quarrel dates back to 1257. The image was formerly placed in a large Wihan which was later ruined.

Phra Prang Prathan (พระปรางค์ประธาน) Situated behind the main Wihan, the principal Phra Prang or corn-shaped stupa was first built in the Sukhothai style before being adapted into the current shape in the Ayutthaya period.

Wat Phra Si Rattana Mahathat Woramahawihan is open daily between 6.30 a.m. - 6.00 p.m. The Phra Phutthachinnarat National Museum is open from Wednesday to Sunday, between 9.00 a.m. - 4.00 p.m. from Wednesday to Sunday. The museum is closed on public holidays, for more information, click www.thailandmuseum.com.

Wat Nang Phaya (วัดนางพญา) situated near Wat Ratchaburana, Wat Nang Phaya was believed to have been built during the same period. The temple is famous for an extensive collection of the highly coveted Phra Nang Phaya (*votive tablets used as amulets*), which was found in the crypt. The original ones are very rare so that replicas of them were later built.

Wat Ratchaburana (วัดราชบูรณะ) situated south of Wat Phra Si Rattana Mahathat, Wat Ratchaburana is special with a decoration of a delicate three-headed Naga over its eaves. Assuming from the main Buddha statue, the temple was built during the Sukhothai period and renovated during the reign of Phraya Lithai. Its Ubosot houses murals

in the Ramayana story by local painters who beautified the chapel during the reign of King Rama IV more than a hundred years ago. Wat Ratchaburana is located on Singhawat Road opposite Wat Nang Phaya, close to Naresuan Bridge.

Wat Chedi Yot Thong (วัดเจดีย์ยอดทอง) The temple has the province's only lotus-shaped pagoda in the Sukhothai style. The pagoda is 9 metres wide at the base and 20 metres high with a lotus-shaped top.

Wat Chulamani (วัดจุฬามณี) located on the eastern bank of the Nan River, some 5 km. south of downtown Phitsanulok, the temple is an ancient monument that had existed before the Sukhothai Era. The temple is located on the site that was once Song Khwae Town. King Borommatrailokkanat of Ayutthaya built a Wihan and entered monkhood at this temple. There were 2,348 officials following him into the monkhood. Wat Chulamani houses a laterite Khmer-style pagoda and the Buddha's footprint built in 1678.

City Wall and Moat (กำแพงเมืองคูเมือง) The city wall was formerly a mound of earth like in Sukhothai. It was built during the reign of King Borommatrailokkanat of Ayutthaya to prevent the attack of Lanna troops. In the reign of King Narai the Great, it was strengthened by a French engineer using brick for utmost strength. However, it was demolished two centuries ago during the reign of King Rama I of Rattanakosin to prevent a Burmese takeover. Today, remains of the old wall can be seen at Wat Phothiyan, Wat Noi, the Police Station, and the moat along the Phra Ruang Road.

Sgt. Maj. Thawee Folk Museum (พิพิธภัณฑ์พื้นบ้านจ่าทวี) The private museum collects unique items representing Thai rural life from the last era. The exhibits include ceramics, pottery, kitchenware, household utensils, farming tools as well as many trapping devices. With over 10,000 exhibits, the museum is honoured as a treasure of Thai history and local wisdom and was granted a Thailand Tourism Award for Best Conservation/ Preservation Organization in 1998. The museum was established by Sergeant-Major Dr. Thawee Buranakhiet, who is recognized as an outstanding person in the area of sculpture and was granted Honorary Doctorate degrees from Srinakharinwirot University and Silpakorn University. He is renowned for his knowledge on Northern Thai folklore.

The folk museum is open daily, except for Monday, from 8.30 a.m.-4.30 p.m. Admission is 100 baht. For more information, Tel: 0 5521 2749, 0 5525 8715, 0 5530 1668. His Buddha Casting Foundry is located just opposite the museum. Appointment is required. Tel: 0 5525 8715



Wat Ratchaburana

Thai Bird Garden (สวนนกไทยศึกษา) located opposite to the folk museum, it is a Sakunothayan bird arboretum conservation centre that displays endangered as well as extinct birds of Thailand such as jambu fruit-dove, helmeted hornbill, and birds mentioned in Thai literature; namely, oriole, barbet, common koel, green magpie, blue magpie, etc. The park entertains visitors with some birds that can imitate human's voice greeting both in Thai and English such as parrot as well as those singing beautifully like black-throated laughing thrush, white-crested laughing thrush, and white rumped shama. Visitors can see and learn closely. The garden is open daily from 8.30 a.m.-5.00 p.m. Admission is 50 baht for adults and 20 baht for children. For more information, Tel: 0 5521 2540 www.geocities.com/thaibirdgarden

Art and Culture Centre, Naresuan University (หอศิลป์และวัฒนธรรม มหาวิทยาลัยนเรศวร) located in Naresuan University (Airport Area) on Highway 1061 (Sanam Bin Road), Amphoe Mueang Phitsanulok, the centre displays hundreds of art pieces by famous artists of Thailand. Moreover, the centre exhibits folk tools and household items of the Lower North. It opens everyday from 9.00 a.m.-6.00 p.m. For more information, Tel: 0 5523 0720.

Textile Museum and Life Museum (พิพิธภัณฑ์ผ้า และพิพิธภัณฑ์ชีวิต) located on the second floor of the multi-purpose building of Naresuan University, the Textile Museum displays textiles and garments from different sources domestically and internationally. The museum houses documents and research studies regarding textiles and royal suits of Their Majesties the King and Queen that were conferred to the university. Nearby is a Life Museum that displays the Thai way of cotton weaving, from cotton growing to high-class techniques in weaving. A weaving demonstration is available every weekend. Both museums are open daily from 8.30 a.m.-4.30 p.m. A guide is available. For more information, Tel: 0 5526 1000-4 ext. 1218, 1148 www.thaitextilemuseum.com. Naresuan University (Thung Nong O) is located between Kilometre 118-119 of Highway 117.

Amphoe Wang Thong

Wat Ratchakhiri Hiranyaram (วัดราชคีรีหิรัญยาราม หรือ วัดพระพุทธรบาทเขาสมอแดง หรือ วัดเขาสมอแดง) located on Khao Samo Khlaeng, Ban Samo Khlaeng, approximately 14 kilometres from Phitsanulok on Highway 12 and 3 kilometres before reaching Amphoe Wang Thong. The temple houses two replica Buddha's footprints; to the west there is one on the face of a cliff. A celebration is held annually in February. The temple also houses a thousand-handed Guan Yin statue, three tons in weight, from Hangzhou, China, which was carved out of white jade and sent here



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in 1992. On the mountain, there is a pond that never runs dry since ancient time. Uphill from the Guan Yin statue, there is a shrine of Heng Jia, the monkey hero, which is frequented by Thai Chinese visitors. The topmost viewpoint of the mountain is the location of Phra Mahathat Chedi Si Bowon Chinarat where the Buddha's forehead bone relic is enshrined. The Chedi has a lotus-shaped spire, with a walking Buddha image on each side of its square base.

Namtok Wang Nok Aen or Sakunothayan Arboretum (น้ำตกวังนกแอ่น หรือ สวนรุกขชาติสกุโนทยาน) situated in the arboretum at Kilometre 33 of Highway 12 (*Phitsanulok-Lom Sak Route*) on the right side, 500 meters from the highway. It is the medium size waterfall, 10 meter height, is surrounded with different kinds of plants. On the west is a royal pavilion that once welcomed Their Majesties the King and Queen during their royal visit to the North, with another pavilion by the water in the east. Nearby is Sai Rapids, where visitors can enjoy the scenery.

Namtok Kaeng Song (น้ำตกแก่งซอง) is larger than Namtok Wang Nok Aen. The waterfall is situated at Kilometre 45 of Highway 12 on the right side. Public park and food stalls are nearby the waterfall.

Namtok Poi and Khao Krayang Forest Plantation (น้ำตกปอย และ สวนป่าเขากระยาง) located at kilometers 59-60 on the right side belong to Khao Krayang Forest Plantation under the Forest Industry Organisation, around 2 kilometers from the highway. It's big waterfall have fantastic natural park for traveler to rest and relax. Nature trails and accommodation are available. Tel: 08 1604 4207



Namtok Wang Nok Aen

Namtok Kaeng Sopha (น้ำตกแก่งโสภา) The large waterfall, 40 metres high, is situated in the embrace of shady vegetation. A Stream runs over large rock terraces, through the three-tiered fall which always turns fierce during the rainy season. Namtok Kaeng Sopha is at Kilometre 71-72 of Highway 12, turn right for 2 kilometers from the highway. It can be visited from 8.00 a.m.-5.00 p.m.

Thung Salaeng Luang National Park (อุทยานแห่งชาติทุ่งแสลงหลวง) Featuring a rugged mountainous landscape, the park, whose territory covers part of Phitsanulok and Phetchabun, a total area of 789,000 rai, feeds water to the Nan River. The park headquarter is located at Kilometre 80 of Highway 12. Tourist information, accommodation, camping ground and nature trails are available.

Attractions in the park include waterfalls on Highway 12 such as Namtok Kaeng Sopha. The park's central and eastern area is coniferous forest and savanna, called Thung Salaeng Luang, Thung Phaya, Thung Non Son, where tourist can enjoy camping and trekking. Please contact the Nong Mae Na Unit.

To get to Nong Mae Na

By Car: Nong Mae Na Unit is 35 kilometres from Ban Camp Son, Kilometre 100 of Highway 12. From there, get on Highway 2196 to Khao Kho. Turn right at Phatthana Market into Highway 2325 to Ban Than Tawan. The unit is 3 kilometres away. A total distance of 35 kilometres from Ban Camp Son.

By Bus: Take the local bus, Phitsanulok-Lom Sak, from the Phitsanulok Bus Terminal, to Ban Camp Son. From there, a chartered bus is available. For more information, call the Thung Salaeng Luang National Park at Tel: 0 5526 8019

Amphoe Noen Maprang

Tham Duean-Tham Dao (ถ้ำเดือน-ถ้ำดาว) situated in the western territory of Thung Salaeng Luang National Park, the cave has a subterranean river running through it. Visitors have to climb over rocks at the cave's entrance to get in, just to find a large chamber and subterranean river. At the length of 1.4 kilometres, the cave is beautified with stalagmites and stalactites. It can be visited during the dry season and a personal torch is required. High water during rainy season makes it dangerous to visit.

To get there: The cave is 85 kilometres from downtown Phitsanulok. Motorists can use Highway 12, then use Highway 11 and 1115 to Amphoe Noen Maprang. The cave is 6 kilometres away.

Tham Pha Tha Phon Non-hunting Area (เขตห้ามล่าสัตว์ป่าถ้ำผาท่าพล) stretching over a 1,775-rai area, the sanctuary features rugged and towering crescent-shape limestone mountains which comprise fossils of shells and corals from the Carboniferous Period of the Palaeocene Era some 360-286 million years ago. These fossils indicate that this area was once a sea. Rain erosion carved these mountains into weird shapes. Its peak is 236 metres in height. There are many caves; namely,

Tham Naresuan (ถ้ำนเรศวร) A stalactite that looks like a hat of King Naresuan the Great has earned the name of this cave. The entrance is quite narrow and cave visitor required to creep in one by one. Low oxygen in the cave limits visitors to less than ten at one time.

Tham Ruea (ถ้ำเรือ) Many floods have eroded the cave walls, leaving the ceiling in the shape of an upside-down boat. Low water level during the dry season allows visitors to witness its beauty.

Tham Pha Daeng (ถ้ำผาแดง) The cave is named after the red cliff (*Pha Daeng*) over its entrance. Once a prehistoric human habitation site, the cave houses some potsherds with a cord-marked design and stone flakes from such era. Nowadays, the cave is home to insect-eating bats; namely, wrinkled-lipped bat and black-bearded tomb bat.

Tham Lot (ถ้ำลอด) The tunnel with a subterranean river running through it allows visitors to access a Buddhist temple on the other side. The large tunnel is good to visit during the dry season. Lots of monkey can be found nearby.



Pha Chu Thong, Phu Hin Rong Kla National Park

There are various attractions situated in the area such as fossils of marine life of 360 million years ago such as coral, brachiopod including lamp shells, sea lilies, and seaweed. These indicate that the area used to be under the sea. Japanese letters carved on stone makes the locals believe that the Royal Japanese Army once travelled pass here during WW II.

Information is available at the non-hunting area's office. A torch is required for caving. Floods in the rainy season may block accessibility to some caves. Permission for camping and group visiting can be sought in advance at the Tham Pha Tha Phon Non-hunting Area Mu 6 Tambon Ban Mung, Amphoe Noen Maprang, Phitsanulok. Tel: 08 1604 0843, 08 9964 2249

To get there: The non-hunting area is 85 kilometres from downtown Phitsanulok. Motorists can use Highway 12 to Amphoe Wang Thong then turn right to Amphoe Sak Lek for another 38 kilometres through Highway 11, and 1115, respectively. Turn right at Noen Maprang Sueksa Wittaya School, the area is another 10 kilometres ahead.

Amphoe Wat Bot

Kaeng Chet Khwae National Park (อุทยานแห่งชาติแก่งเจ็ดแคว) The park acquires some areas of Amphoe Wang Thong, Wat Bot, Nakhon Thai and Chat Trakan. Its watershed forest plays a major role in supplying water into the Khwae Noi River. A major attraction in the park is Namtok Kaeng Chet Khwae (*center of 7 streams*). There is a rock terrace with forested sand bars covers an area of approximately 50 rai in the middle of Khwae Noi River. It is a nice place for camping.

To get there: From downtown Phitsanulok, motorists can use the Phitsanulok-Lom Sak Road and get on Highway 11 for 25 kilometres toward Amphoe Wat Bot. Before crossing the Khwae Noi River, turn right to get on Highway 1220 and head for Ban Na Kham for another 15 kilometres, then turn right, the park is 9 kilometres away.

Khao Noi - Khao Pradu Non-hunting Area (เขตห้ามล่าสัตว์ป่าเขาน้อย-เขาประดู่) The non-hunting area covers a total area of 80,900 rai. It contains various ecosystems such as dry evergreen forest, mixed deciduous forest, deciduous dipterocarp forest and savanna. It has a biodiversity of plants with beautiful seasonal flowers including curcumas and orchids. The forest is home to a species of endemic crab called "Pu Paeng or Pu Song Khwae" which is often found during the rainy season. The area is a nice place for nature study from May to December. Nature trails and camping ground are available.

To get there: From downtown Phitsanulok, use the Phitsanulok-Lom Sak Road and get on Highway 11 for 25 kilometres toward Amphoe Wat Bot. Before crossing the Khwae Noi River, turn right to get on Highway 1220 and head for Ban Na Kham for another 8 kilometres. The area is 6 kilometres off Highway 1220 on a laterite road, which will require a 4-wheel drive in the rainy season. For more information, please contact the Khao Noi-Khao Pradu Non-hunting Area's office at Mu 2 Tambon Ban Yang, Amphoe Wat Bot, Phitsanulok 65000 Tel: 08 7198 7987

Amphoe Chat Trakan

Namtok Chat Trakan National Park (อุทยานแห่งชาติน้ำตกชาติตระการ)

Namtok Chat Trakan (น้ำตกชาติตระการ) known as "Namtok Pak Rong" among local, the fall is approximately 145 kilometres from downtown Phitsanulok. The beautiful waterfall has 7 levels. The most impressive ones are the third and fourth levels where the stream cascades down for 10 metres high, spraying the valley. There is a large pool at the first level. Walking from the first to the seventh level, it is 1,220 metres long.

Other attractions in the park include:

Pha Daeng (ผาแดง) The red sandstone cliff is close to the fourth level of Namtok Chat Trakan. A guide is required.

Namtok Na Chan (น้ำตกนาจาน) The waterfall has 7 levels. The first level is a bit low and slippery. The second level is only a few metres high but quite beautiful. The third level is quite special as the stream is divided into three lines. The fourth to seventh levels are situated close to each other, with a total height of some 30 metres. The waterfall is 3 kilometres from the park's headquarter and visitors should leave for the waterfall before 8.00 a.m.

Pha Kradan (ผากระดาน) The cliff is some 3 kilometres from the park's headquarter. It houses geometrical carving from the prehistoric era.

Tham Nam Mut (ถ้ำน้ำมุด) The 250 metre long cave is carved by the stream from Namtok Na Chan that runs through it.

Tham Ka (ถ้ำกา) The cave houses stone carvings from the prehistoric period, which can be dated back to 7,000 years ago.

To get there: Drive along Phitsanulok-Lom Sak Road, turn left at Kilometre 68 (*Ban Yaeng*) to Highway 2013, and 1143. Keep going for 38 kilometres then turn right. The waterfall is 9 kilometres away.



Lan Hin Pum, Phu Hin Rong Kla National Park

By Bus: The Phitsanulok-Chat Trakan bus leaves 7 times daily between 6.30 a.m.-5.00 p.m., then use local bus Chat Trakan-Ban Na Don to the waterfall.

Accommodation and Facilities: The Park provides accommodation for tourists. For more information and booking, call the Department of National Parks, Wildlife and Plant Conservation in Bangkok at Tel: 0 2562 0760 www.dnp.go.th, or call the park directly at Tel: 0 5523 7028. A camping ground is available.

Phu Soi Dao National Park (อุทยานแห่งชาติภูสอยดาว) The park acquires the areas in Amphoe Chat Trakan, Phitsanulok and Amphoe Nam Pat, Uttaradit. Bordering Thailand and Lao PDR. with rugged mountains, the park has Phu Soi Dao as the highest peak towering at 2,102 metres. Blanketed with cold weather, the park features lush jungle and savanna. Its attractions include coniferous forest, a flower field, viewpoint cliff, Namtok Sai Thip and Namtok Phu Soi Dao. During August and September, misty mornings, orchid blossoms, and flower field of especially Ngon Nak (*Murdannia giganteum*) add charm to its coniferous forest. It takes some 5 hours to conquer the peak on the 6.5 kilometres route. Camping ground and rest room are available.

To get there:

By Car: The park is 154 kilometres from Phitsanulok. Motorist can use the route Phitsanulok-Ban Yaeng-Nakhon Thai-Chat Trakan-Phu Soi Dao. Another alternative route, Phitsanulok-Wat Bot-Ban Pong Khae-Chat Trakan-Phu Soi Dao, is 177 kilometres.



Rafting on Khek River

By Bus: From the bus terminal or train station in Phitsanulok, take the bus to Chat Trakan. From Chat Trakan, buses for Ban Rom Klao leave hourly between 9.00 a.m. to 4.00 p.m. A chartered bus to the park is available at Ban Rom Klao. From Uttaradit, a bus leaves Ton Pho Market or the Clock Tower to Amphoe Nam Pat. The journey takes 2½ hours. From Nam Pat Hospital, a chartered bus to the park is available at 300 baht per trip. This takes 3 hours through a winding and steep road.

The park provides three guesthouses. Advanced booking is required at Tel: 0 5543 6001-2, or write to Phu Soi Dao National Park, Tambon Huai Mun, Amphoe Nam Pat, Uttaradit 53110. For camping in the coniferous forest, tourists must bring their own tent. Porter service is available at the tourist centre.

Amphoe Nakhon Thai

Phu Hin Rong Kla National Park (อุทยานแห่งชาติภูหินร่องกล้า) acquiring 191,875 rai, the park's territory covers three provinces; namely, Phitsanulok, Phetchabun and Loei. Its highest peak stands at 1,617 metres above sea level. The beautiful park features deciduous dipterocarp forest, hill evergreen forest and mountain pine forest. Wild flowers and orchids are found on the rock terrace.

Phu Hin Rong Kla was once the largest and most important stronghold of the Communist Party of Thailand in the northern region. From there,

communism was spread out and created political conflict until being defeated in November 1982. A road was built through the mountain and the park was established.

Interesting attractions include:

Museum (พิพิธภัณฑ์) located by the tourist centre. The museum displays the life and battle of the Communist Party of Thailand as well as their tools and weapons.

The Third World Trail (ทางเดินโลกที่สาม) The trail cutting through beautiful scenery, leads to various places of the Communist Party such as the Town Hall, jail, weaving centre, mechanic centre, air raid shelter which can accommodate more than 200 people, Pha Chu Thong-Flag crest-where a red flag used to be flown after every victory from a battle, and Lan Hin Pum where a terrace of rocky lumps, was a recovery place for patients, offered nice scenery.

Political and Military School (โรงเรียนการเมือง การทหาร) The school, comprising 31 small buildings, including accommodation and hospital, once served as the venue to train and educate the communists. A cemetery and rice mill turbine are located nearby. Situated amidst lush forest, the school is 6 kilometres from the park's headquarters.

Namtok Rom Klao-Pharadon (น้ำตกร่มเกล้า-ภราดร) Namtok Rom Klao is 600 metres from the political and military school. Namtok Pharadon is 200 metres away.

Lan Hin Taek (ลานหินแตก) The broken rock terrace, as it means literally, is probably a result from earth splitting. The mysterious area is covered by moss, lichen, ferns and different orchids and white rhododendron growing in the fissures.

Namtok Si Phatcharin (น้ำตกศรีพัชรินทร์) The waterfall is named after the soldiers from Si Phatcharin Base in Khon Kaen, which was the first company to get to Phu Hin Rong Kla. The waterfall is 20 metres high with a nice large pool for swimming.

Namtok Man Daeng (น้ำตกหมันแดง) The large waterfall cascades through 32 tiers but is not good for swimming. The fall is situated 3.5 kilometres from Kilometre 18 of the Phu Hin Rong Kla-Lom Kao Road. It takes 6 hours to get through the hill evergreen forest trail and a guide is required. Visitors should start the trip to the fall before 10.00 a.m.

To get there: From Phitsanulok, use Highway 12 and turn left at Kilometre 68 to Highway 2013, and 2331, respectively. The park is 31 kilometres away.

From Phetchabun, motorists can use the Lom Kao-Thap Boek-Phu Hin Rong Kla route to the park. But the steep and winding route is suitable for going downhill back to Phetchabun.

Remark - In using both routes, the vehicle should be in good condition. For tourist group, coach and bus are not recommended. Van will be more suitable.

By Train/By Bus. From Phitsanulok Railway Station, take the bus to Nakhon Thai. The bus leaves hourly between 6.00 a.m. to 6.00 p.m. The journey takes 2 hours. Then take a local bus to Phu Hin Rong Kla. The bus leaves four times between 8.00 a.m. to 3.30 p.m. It takes 45 minutes.

A chartered car to Phu Hin Rong Kla is available right from downtown Phitsanulok.

Accommodation and Facilities. The park provides both houses and tent. For more information and booking, call the Department of National Parks, Wildlife and Plant Conservation in Bangkok at Tel: 0 2562 0760 www.dnp.go.th, or call the park directly at Tel: 0 5523 3527.

Events & Festivals

Phitsanulok King's Cup Long Boat Races (ประเพณีการแข่งขันเรือยาวชิงถ้วยพระราชทาน) Since ancient times, traditional long boat races has been a symbol of Phitsanulok. It is held every September along with various religious rites such as robe-offering ceremony, changing the robe of the famous Buddha image Phra Phutthachinnarat, boat decoration contest, and traditional long boat races eventually. The exciting festival is held on the Nan River, in front of Wat Phra Si Mahathat Woramahawihan.

Nakhon Thai Flag Flying Festival (ประเพณีปักธงนครไทย) The local festival of Amphoe Nakhon Thai is held on the 14th day of the waxing moon of the 12th lunar month. The locals will place the flag on top of Khao Chang Luang to mark the victory of Phokhun Bangklanghao over the Khmer in the Sukhothai Period. Besides the religious ceremony, there is a beautiful flag parade, flag placing race, as well as beauty contest.

Phitsanulok Food and Souvenir Festival (งานมหกรรมอาหารและสินค้าของที่ระลึกจังหวัดพิษณุโลก) held every April and December by Phitsanulok Municipality and TAT at the park by the Nan River. The festivity features food and famous products from the province.

Kaeng Song Coffee Tasting & Khek River Rafting Festival (ชิมกาแฟแก่งซอง ล่องแก่งลำน้ำเข็ก) Khek river is from Phetchabun Mountain Ranges, Khao Kho district. It courses along the highway No.12 and is well known



Phitsanulok King's Cup Long Boat Races

for its exciting and adventurous rafting route with difficulty ranked between level 1 and 5 among the verdant natural scenic. It is widely accepted among the rafters as a safe and suitable rafting route. The route is 8 Km. in total. Tourist also taste and appreciate the aroma of the famous freshly ground Kaeng Song Coffee which is local Arabica and Robusta coffee. The coffee fields generally around Kaeng Song District besides at Kaeng Song waterfall there are plenty of coffee shops to sip and buy.

Local Products and Souvenirs

Bang Krathum Sun-dried Banana (กล้วยตากบางกระทุ่ม) The soft and sweet sun-dried banana is famed for its delicious taste. It is available at Wat Yai and many shops.

Supatra Preserved Pork (แฮมและหมูยอสุพัตรา) The hygienic pork is a famous product by a local family business.

Mi Sua (หมี่ซั่ว) The white noodle from Phitsanulok is famed for its softness. It is available at most souvenir shops.

Bang Rakam Fish Sauce (น้ำปลาบางระกำ) Amphoe Bang Rakam has long been famous for its fish sauce made from mud carp from the Yom River. Although it is not as tasty as fish sauce from sea fish, it is quite hygienic.

Na Chan Broom (ไม้กวาดนาจาน) People from the poor region in Amphoe Chat Trakan earn extra income from broom making. The broom with rattan handle is nicely made, available at a low price.

Bang Kaeo Dog (สุนัขพันธุ์บางแก้ว) The unique breed has originated from Ban Bang Kaeo, Amphoe Bang Rakam. It is said that the abbot of Wat Bang Kaeo kept a number of dogs, which mated with a wolf. This breed is famous for its calmness, high royalty but quite fierce.

Naresuan Fighting Cock (ไก่ชนพระนเรศวร หรือ ไก่เจ้าเลี้ยง) The white-tailed fighting cock is famous for its endurance in fighting. It is believed that King Naresuan the Great used a white-tailed cock in a cock fighting game with King Ubaraja of Burma.

Souvenir Shops

Kankluay (ก้านกล้วย) 93/2 Phaya Lithai Road Tambon Nai Mueang, Amphoe Mueang Phitsanulok, Tel: 0 5524 1983.

Jamjuree (จามจุรี) 317/15 Sanam Bin Road, Amphoe Mueang Phitsanulok, Tel: 0 5527 2832.

Souvenir House (บ้านของที่ระลึก) 61/3 Ramesuan Road, Amphoe Mueang Phitsanulok, Tel: 08 1971 4990.

Phitsanulok OTOP Centre (ศูนย์จำหน่ายผลิตภัณฑ์ OTOP) The One Tambon One Product Centre is located at the City Hall, Amphoe Mueang Phitsanulok, Tel: 08 6937 0411.

Interesting Activities

Tricycle Tour (สามล้อทัวร์) An easy tour to explore the nightlife of Phitsanulok that is cheap but quite lively. The tricycle will bring passengers through different areas such as a fresh market, business district, food market by the Nan River, etc. The tour is available in most leading hotels in Phitsanulok.

Whitewater Rafting (ล่องแก่ง) The adventurous trip is quite popular among thrill seekers. Khek River originates from Phetchabun and runs through Thung Salaeng Luang National Park and various waterfalls. Although this river is not large, the winding route and exciting rapids make it an exciting route for rafting with a difficulty level from 1 to 5. Whitewater rafting can be made from June to October. It takes 2½ hours to get through the 8 kilometre route. Basic training before departure will be held for safety. The rafting package is available at resorts on the Phitsanulok-Lom Sak Road as well as tour operators.

Biking (จักรยานท่องเที่ยว) Phitsanulok has many scenic routes; some are quite suitable for mountain bikes. Thung Salaeng Luang National Park has exciting routes, both downhill and uphill, in different forest types. Bicycles for rent are available at Nong Mae Na Unit.

Tram Tour (รถรางท่องเที่ยว) Tram with guide will bring tourists to explore Phitsanulok's historical site such as Wat Phra Si Rattana Mahathat Woramahawihan, Phraya Chakri Raft Dweller Museum, Clock Tower, Ekathotsarot Bridge, Jail, Town Wall, Wat Wihan Thong, King Naresuan the Great's Shrine, Chan Palace, City Pillar Shrine, etc. The tram leaves from Wat Yai and the trip takes 40 minutes. The fee is 20 baht for adults and 10 baht for children. For more information, call 'Phitsanulok Borikan' at Tel: 0 5528 4144.

Golf Course

Dong Phu Kerd Golf Course (สนามกอล์ฟดวงภูเกิด) The 18-hole golf course is located in Ekathotsarot Military Base, Sanam Bin Road. It is open daily from 6.00 a.m.-6.00 p.m. Tel: 0 5524 5046-51 ext. 74099 or 0 5525 1531.

Example of Tour Programme

- Day 1** 8.00 a.m. - Leave Bangkok By Car.
 - Lunch.
 - Arrive at Phitsanulok.
 - Visit Wat Phra Si Rattana Mahathat Woramahawihan, paying respect to Phra Phutthachinnarat, admire the mother-of-pearl inlaid wooden doors, and other attractions.
 - Get on a tricycle tour and explore Phitsanulok's nightlife.
 - Overnight in Amphoe Mueang Phitsanulok.
- Day 2** 8.00 a.m. - Wat Ratchaburana
 - Wat Nang Phaya
 - Sgt. Maj. Thavee Folk Museum
 - Thai Bird Garden
 - Lunch
 - Enjoy nature at the Kaeng Song and Kaeng Sopha Falls.
 - Stay overnight at Phu Hin Rong Kla National Park.
- Day 3** Morning - Explore Phu Hin Rong Kla National Park.
 Afternoon - Return to Bangkok

Facilities in Phitsanulok

Accommodations

(Note: The room rates mentioned in this brochure may be changed without notice. Please ask for current information from each hotel before making reservation.)

Amphoe Mueang Phitsanulok

Amarin Lagoon (อัมรินทร์ลากูน) 52/299 Phra Ong Khao Road (Tel: 0 5522 0999 Fax: 0 5522 0944 Bangkok Tel: 0 2668 4277) www.amarinlagoonhotel.com, 301 rooms: 1,200-8,000 baht

Amarintr Nakorn (อัมรินทร์นคร) 3/1 Chao Phraya Road (Tel: 0 5521 9069-78, 0 2241 1131 Fax: 0 5521 9044), 118 rooms: 480-1,500 baht

Asia (เอเชีย) 176/1 Ekathotsarot Road (Tel: 0 5525 8378, 0 5521 9401 Fax: 0 5523 0419), 13 rooms: 200-380 baht

Baan Klong Regent (บ้านคลอง รีเจนท์) 10/8 Singhawat Road (Tel: 0 5528 2777, 0 5528 2142 Fax: 0 5528 3245), 72 rooms: 300-500 baht

Baan Klong Resort (บ้านคลอง รีสอร์ท) 234/3-5 Mu 2 Singhawat Road, Tambon Ban Klong (Tel: 0 5528 2004-7), www.baanklongresort.com, 79 rooms: 370 baht

Baan Talay Keaw (บ้านทะเลแก้ว) 235/17 Mu 5 Singhawat Road (Rajabhat Talay Kaew) Tambon Ban Klong (Tel: 0 5524 3220-3), 38 rooms: 400-1,700 baht

Ban Chan (บ้านจันทร์) 833/8 Borom Trilokkanat Road, Soi 34-36 (Tel: 0 5528 4617-8 Fax: 0 5528 4618), 35 rooms: 350 baht

Ban Suan Wichittra (บ้านสวนวิจิตร) 149 Mu 4 Singhawat Road (Tel: 0 5525 9498, 0 5525 9755 Fax: 0 5525 9755), 36 rooms: 250-590 baht

Ban Thai Resort (บ้านไทย รีสอร์ท) 182 Mu 6 Nakhon Sawan-Bang Rakam Road, Tambon Tha Pho (Tel: 0 5522 7502-3), 46 rooms: 350-450 baht

Chang Puak (ช้างเผือก) 63/28 Ekathotsarot Road (Tel: 0 5530 4836-9 Fax: 0 5530 4839), 52 rooms: 250-350 baht

Chantana Apartment (จันทนา อพาร์ทเมนต์) 401/162-3 Mu 10 Mittraphap Road, Tambon Aranyik (Tel: 0 5522 1541, 0 5522 1831 Fax: 0 5522 1541), 18 rooms: 320 baht

Golden Grand (โกลเดนแกรนด์) 66 Thammabucha Road (Tel: 0 5521 0234-7 Fax: 0 5521 0887), 94 rooms: 690-2,500 baht

Guesthouse (เกสต์เฮาส์) 88/10 Phra Ong Dam Road (Tel: 0 5530 3176, 0 5530 3178, 0 5530 3050 Fax: 0 5521 2737), 80 rooms: 280-380 baht

Kaew Suwan Inn (แก้วสุวรรณ อินน์) 83/279 Pracha U-thit Road (Tel: 0 5521 6304-5 Fax: 0 5521 6338), 48 rooms: 250-360 baht

Kasa Holiday (คาส่า โฮลiday) 66 Phichai Songkram Road (Tel: 0 5530 4340-2), www.mycasaholiday.com, 43 rooms: 380-600 baht

Kiat Wimon (เกียรติวิมล) 24/35 Phra Ong Kaew Road (Tel: 0 5521 4299, 0 5530 5010 Fax: 0 5530 5011), 45 rooms: 400-450 baht

Krai Saeng Place (ไกรแสง เพลส) 45 Thammabucha Road (Tel./ Fax: 0 5521 0509), 13 rooms: 350-450 baht

L.V. Garden Home Apartment (แอล วี การ์เดนโฮม อพาร์ทเมนต์) 769/1 Mittraphap Road (Tel: 0 5522 0855-6), www.geocities.com/lv_phitsanulok, 34 rooms: 350-400 baht

La Paloma (ลาฟาโลมา) 103/8 Si Thammatraipidok Road (Tel: 0 5521 7930-4 Fax: 0 5521 7935), 249 rooms: 840-2,500 baht

Lithai Guesthouse (ลิไท เกสต์เฮาส์) 73/1-5 Lithai Building, Phraya Lithai Road (Tel: 0 5521 9626-9, 0 5521 9546 Fax: 0 5521 9627 ext. 500), 58 rooms: 200-460 baht

London (ลอนดอน) 21-22 Sairuthai Road (Tel: 0 5522 5145), 11 rooms: 200 baht

Makam Soong Land Park View (มะขามสูงแลนด์ปาร์ควิว) 43/4 Mu 5 (Tel: 0 5529 9398-9), 18 rooms: 400-500 baht

Mittraphap (มิตรภาพ) 342 Mu 7 Tambon Samokae (Tel: 0 5526 6037), 14 rooms: 180-220 baht

Nan Chao (น่านเจ้า) 242 Borom Trilokkanat Road (Tel: 0 5525 2510-4, 0 5524 4702-5 Fax: 0 5524 4794), 150 rooms: 550-1,800 baht

Pailyn (ไพลิน) 38 Borom Trilokkanat Road (Tel: 0 5525 2411-5, 0 5522 5228-33, Fax: 0 5522 5237 Bangkok Tel: 0 2215-7111), 247 rooms: 900-3,500 baht

Pan Sombat (ปานสมบัติ) 4/1 Sairuthai Road (Tel: 0 5525 8179), 10 rooms: 250 baht

Phan Ngam (พรรณงาม) 26/143 Wisutkasat Road (Tel: 0 5530 1766), 42 rooms: 200-300 baht

Phet Pailyn (เพชรไพลิน) 4/8 Arthit Wong Road (Tel: 0 5525 8844, 0 5521 9433-4 Fax: 0 5522 5237), 40 rooms: 450-500 baht

Phitsanulok (พิษณุโลก) 90 Naresuan Road (Tel: 0 5525 8425, 0 5524 7555 Fax: 0 5525 1666), 60 rooms: 180-350 baht

Phitsanulok Orchid (พิษณุโลก ออรัลคิด) 81/39 Mu 8 Tambon Hua Ror, Thammabucha Road (Tel: 0 5528 0051, 0 5530 1095-8 Fax: 0 5528 0051), 40 rooms: 450-1,000 baht

Phitsanulok Thani (พิษณุโลกธานี) 39 Sanam Bin Road (Tel: 0 5521 1065-9 Fax: 0 5521 1071), www.phitsanulokthani.com, 110 rooms: 980-4,000 baht

Phitsanulok Youth Hostel (บ้านพักเยาวชนนานาชาติ พิษณุโลก) 38 Sanam Bin Road (Tel: 0 5524 2060, 5537 8428), 20 rooms: 150-500 baht

Phu Kird (ภูเก็ด) 342/2 Mu 7 Tambon Samokae (Tel: 0 5525 9600 Fax: 0 5525 9543), <http://phukirdhotel.spaces.live.com>, 76 rooms: 360 baht

Princess Green (ปรีนเซส กรีน) 8 Phra Ong Dam Road (Tel: 0 5530 4986, 0 5530 4988 Fax: 0 5530 4987), www.princessgreen.com, 28 rooms: 380-490 baht

R.S. Mansion (อาร์ เอส แมนชั่น) 777/335 Soi Muban Pong Paka 2, Mittraphap Road, Tambon Aranyik (Tel: 0 5522 1983-5 Fax: 0 5522 1986), 22 rooms: 320-400 baht

Ratchaphuk Guesthouse (ราชพฤกษ์ เกสต์เฮาส์) 99/10 Phra Ong Dam Road (Tel: 0 5530 3176, 0 5525 9203), 80 rooms: 280-380 baht

Ratchaphuk Hotel (ราชพฤกษ์) 99/9 Phra Ong Dam Road (Tel: 0 5530 3048-50 Fax: 0 5521 2737), 120 rooms: 600-2,500 baht

Ratchawong (ราชวงศ์) 714 Mittraphap Road (Tel: 0 5525 9569, 0 5524 1917, 0 5524 1789 Fax: 0 5522 0376), 75 rooms: 250-400 baht

Rattana Park (รัตนา ปาร์ค) 999/59 Mittraphap Road (Tel: 0 5524 4888, 0 5524 4521-4), 78 rooms: 490-1,500 baht

Rim Nan (ริมน่าน) 5 Mittraphap Road (Tel: 0 5521 4906, 0 5528 2273-4), 48 rooms: 350 baht

Royal Place (รอยัล เฟลส) 290/77 Pichaisongkram Road (Tel: 0 5537 7940 Fax: 0 5537 7945), 79 rooms: 450 baht

S.J. Tower (เอส เจ ทาวเวอร์) 290/80 Phichaisongkram Road (Tel: 0 5530 4929, 0 5530 4939), 32 rooms: 380-430 baht

S.S. Guesthouse (เอส เอส เกสต์เฮาส์) 51 Chanwetchakit Road (Tel: 0 5530 1190, 0 5521 1545), 15 rooms: 300-350 baht

Samai Niyom (สมัยนิยม) 175 Ekathotsarot Road (Tel: 0 5525 8575 Fax: 0 5524 7528), 35 rooms: 250-380 baht

Singhawatt (สิงหวัฒน์) 220 Mu 2 Singhawatt Road, Tambon Ban Klong (Tel: 0 5525 9429, 0 5521 5268 Fax: 0 5525 1306), 30 rooms: 280-350 baht

Siwathep (สีวะเทพ) 110/21 Ekathotsarot Road (Tel: 0 5524 4933-4 Fax: 0 5521 9148), 40 rooms: 150-350 baht

Somyot Resort (สมยศ รีสอร์ท) 181/2 Mu 3 Wat Chulamane-Bang Krathum Road, Tambon Tha Pho (Tel: 0 5521 8055 Fax: 0 5524 8189), 35 rooms: 350 baht

Sri Song Kwae (ศรีสองแคว) 3 Mittraphap Road (Tel./ Fax: 0 5521 4971-2), 30 rooms: 380 baht

The Grand Riverside (เดอะ แกรนด์ ริเวอร์ไซด์) 59 Phra Ruang Road (Tel: 0 5524 8333, 0 5521 6420 Fax: 0 5524 8987), www.tgrhotel.com, 80 rooms: 1,300-6,000 baht

Thep Nakorn (เทพนคร) 43/1 Si Thammatripidok Road (Tel: 0 5524 4070-4 Fax: 0 5524 4075), www.geocities.com/thepnakorn_hotel, 150 rooms: 500-1,500 baht

Ton Wa Resort (ตันหว้า รีสอร์ท) 79/1 Mu 7 Tonwa T-Section, Phitsanulok-Nakhon Sawan Road (Tel: 0 5523 0227-8 Fax: 0 5523 0232), 34 rooms: 350-390 baht

Topland (ท็อปแลนด์) 68/33 Ekathotsarot Road (Tel: 0 5524 7800-8 Fax: 0 5524 7815 Bangkok Tel: 0 2215 7715, 0 2215 6108 Fax: 0 2215-0511), www.toplandhotel.com, 253 rooms: 1,200-35,000 baht

Torsaeng Garden (ทอแสง การ์เด้น) 219 Mu 3 Chulamanee-Bangkrathum Road, Tambon The Pho (Tel: 0 5528 4444, 0 5526 0888-90 Fax: 0 5526 0999), www.torsaenggarden.com, 69 rooms: 350-750 baht

Uthong (อุทุมพร) 80/13 Phra Ong Dam Road (Tel: 0 5521 0424-7, 0 5521 0971-2, 0 5521 0984 Fax: 0 5521 1003), 96 rooms: 380 baht

Versailles Mansion (แวร์ซายส์ แมนชั่น) 19/8 Chanokrong Road (Tel: 0 5524 1688), 36 rooms: 300 baht

Wang Kaeo (วังแก้ว) 9 Thepharak Road (Tel: 0 5524 5581-3 Fax: 0 5524 5589), 50 rooms: 450-800 baht

Amphoe Wang Thong

Ban Kiang Nam Kaeng Song (บ้านเคียงน้ำแก่งซอง) 42/3 Mu.9 Tambon Kaeng Sopha, Km. 45 Phitsanulok-Lomsak Road, near Kaeng Song Waterfall, (Tel: 0 5529 3441) www.bankiangnum.9nha.com, www.bankiangnum.com, 4 houses: 600-1,000 baht

Ban Rim Kaeng (บ้านริมแก่ง) 293 Mu 9 Tambon Kaeng Sopha, Km. 49 Phitsanulok-Lomsak, 14 rooms (Tel: 0 5529 3297) 300-1,500 baht

Ban Suan Wang Nok Aen Resort (บ้านสวนวังนกแอ่น รีสอร์ท) 564 Tambon Wan Nok Aen, Km. 37 Phitsanulok-Lomsak Road (Tel: 08 1533 6488, 08 9880 0004), 13 rooms: 800-2,500 baht

Sappraiwan Grand Hotel and Resort (ทรัพย์ไพรวัลย์แกรนด์ไฮเต็ลแอนด์รีสอร์ท) 1/79 Mu 2 Tambon Kaeng Sopha, Km. 53 Phitsanulok-Lomsak Road, (Tel: 0 5529 3293, 0 5529 3345, 0 5529 3308-9 Fax: 05529 3339 Bangkok Tel: 0 2236 2711-2, 0 2266-5461), www.resort.co.th, 142 rooms: 2,000-4,400 baht

Kiang Poi (บ้านเคียงปอย) 5/1 Mu 1 Tambon Kaeng Sopha Km.65 Near Poi Waterfall, (Tel: 08 1674 4075), 14 rooms: 300-600 baht

Namtok Lang Suan (บ้านพักน้ำตกหลังสวน) 1 Mu 8 Tambon Kaeng Sopha, Km. 51-52 Phitsanulok-Lomsak Road, (Tel: 0 5529 3338), 6 houses: 400 baht

Phanawan Resort (พานาวัลย์รีสอร์ท) 41 Mu 2 Tambon Kaeng Sopha, Km. 51 Phitsanulok-Lomsak Road, (Tel./ Fax: 0 5529 3040), 11 rooms, 1 dormitory: 500-1,500 baht

Rain Forest (เรน ฟอเรสต์) 42 Mu 9 Tambon Kaeng Sopha, Km. 44 Phitsanulok-Lomsak Road (Tel: 0 5529 3085-6 Fax: 0 5529 3086), www.rainforestthailand.com, 17 rooms: 1,400-4,800 baht

S.P. Hut (เอส พี ฮัท) Km. 53-54 Phitsanulok-Lomsak Road, 93 Tambon Kaeng Sopha (Tel: 0 5529 3401), 16 rooms: 500-3,500 baht

Suan Pa Khao Krayang (บ้านพักสวนป่าเขากระยาง) the entrance to Poi Waterfall, Km. 60 Phitsanulok-Lomsak Road (Tel: 08 1604 4207, 08 6208 8118), www.fio.co.th, 10 houses: 850-3,000 baht, Tent: 70 baht

Tan Wang Thong Resort (ธารวังทองรีสอร์ท) 261 Mu7 Ban Mai-Rom Klao, Tambon Wang Nok Aen, Phitsanulok-Lomsak Road, (Tel: 0 5538 4222, 0 5526 8123 Fax: 0 5526 8124), 35 rooms: 600-6,000 baht

Tawan Resort (ดาวันรีสอร์ท) 19 Mu 9 Tambon Kaeng Sopha, Km. 47 Phitsanulok-Lomsak Road, (Tel: 0 5529 3397), 6 bungalows: 2 rooms 400-800 baht

The Hill Resort (เดอะฮิลล์ รีสอร์ท) 42/5 Mu 9 Tambon Kaeng Sopha, Km. 44 Phitsanulok-Lomsak Road, (Tel: 0 5529 3058-9), 8 rooms: 400-1,200 baht

Wanathara Health Resort & Spa (วนธารา เฮลท์ รีสอร์ท แอนด์ สปา) 6 Mu 9 Tambon Kaeng Sopha, Km.46 Phitsanulok-Lomsak Road (Tel: 0 5529 3411-4 Fax: 0 5529 3415 Bangkok Tel: 0 2318 8895-6), www.wanathara.com, 40 rooms: 1,600-3,800 baht

Amphoe Phrom Phiram

Waterland Golf Resort and Spa (วอเตอร์แลนด์ กอล์ฟ รีสอร์ท แอนด์ สปา) 43/2 Mu 3 Tambon Si Phirom (Tel: 0 5599 3700-3, 0 5520 0999, Fax: 0 5599 3704), www.waterlandgolfresort.com, 48 rooms: 800-8,000 baht

Restaurant

Amphoe Mueang Phitsanulok

Ar Sor Lert Rot (อาซ้อเลิตรส) 109/9 Thammabucha Road Soi 25, Tel: 0 5524 4835 (noodle 8.30 a.m.-3.30 p.m.)

Bai Muslim (ไบ่มุสลิม) 49/2 Phra Ong Dam Road, Tel: 0 5523 2971 (Muslim food 7.00 a.m.-7.00 p.m.)

Ban Khun Por (บ้านขุนพ่) 4-4/1 Chaophraya Phitsanulok Road, Tel: 0 5523 1574 (Thai-Chinese food 11.00 a.m.-11.00 p.m.)

Ban Mai (บ้านไม้) 93/30 U-Thong Road, Tel: 0 5525 8548 (Thai food 11.00 a.m.-11.00 p.m.)

Ban Puen Pee (บ้านเพื่อนพี) Singhawat Road, Tel: 0 5524 8866 (5.00 p.m.-midnight)

Ban Suwan (บ้านสุวรรณ) 171/5 Soi Yen Chit, Singhawat Road, Tel: 0 5524 6343

Fa-k-rah (ฟา-เค-ราห์) 52/6 Phra Ong Dam Road, Tel: 0 5521 1400 (Muslim food 6.00 a.m.-2.00 p.m.)

Halal Food (ฮาลาลฟู๊ด) Opposite Pakistan Mosque, Tel: 08 9460 6397
(Muslim food 7.30 a.m.-9.00 p.m.)

Isan London (อีสานลอนดอน) Ekathotsarot Road, Tel: 08 6925 1328

Khao Kang Chao Wang (ข้าวแกงชาววัง) 245/67 Borom Trilokkanat Road,
Tel: 0 5524 6573, 0 5521 7605

Kong Pen (กองเพน) 29/3 Muban Ko, Tambon Samokae, Tel: 08 4050 8999

Kook Aeng (กูกเอียง) 39/13 Sanam Bin Road, Tel: 0 5530 1209, 0 5525 1760 (Thai-Chinese food 4.00 p.m.-10.00 p.m.)

Krua Nam Nan (ครัวน้ำน่าน) Wang Chan Road, Tel: 0 5521 6405, 0 5523 0444 (5.00 p.m.-10.00 p.m.)

Krua Ton Peap (ครัวตันปีป) 418/7 Mu 5 Tambon Hua Ro, Tel: 0 5528 0290
Fax: 0 5528 0291

Mai Bab (ไม้แบบ) 107/9 Singhawat Road, Tel: 0 5524 7603 (a la carte noodle 7.00 a.m.-3.00 p.m.)

Muay Isan (มวยอีสาน) 895/16-17 Borom Trilokkanat 2 Road, Tel: 0 5525 1606 (Isan food 10.00 a.m.-9.00 p.m. Close on Sunday)

Mue Thai (มื่อไทย) Sanam Bin Road, Tel: 0 5521 0862-4 (11.00 a.m.-11.00 p.m.)

Mung Khla (มังกรคะ) in Pailyn Hotel, Tel: 0 5525 2411-5 (6.00 a.m.-1.00 a.m.)

Nam Fah (น้ำฟ้า) 79/16 Sri Thammatripidok Road, Tel: 0 5522 5186
(Vegetarian food 6.30 a.m.-2.00 p.m.)

Passtime (พาสไทม์) 82/2 Ekathotsarot Road, Tel: 0 5524 4520 (a la carte food 5.00 p.m.-1.00 a.m.)

Phae Fah Thai (แพฟ้าไทย) 60 Buddhabucha Road near Suphankanlaya Bridge, Tambon Wat Chan, Tel: 0 5528 4316, 08 1680 2285 Fax: 0 5524 2743 www.fathairestaurant.com (Thai food 10.00 a.m.-11.00 p.m.)

Phang Ki Khao Mun Kai (ฟังกี่ข้าวมันไก่) 298/80 Phrayasue Road, Tel: 0 5524 4275, 0 5525 8843 (khao mun kai 8.00 a.m.-2.00 p.m.)

Phuk Bung Hern fah (ผักบุ้งเหิรฟ้า) Phra Ong Dam Road, Tel: 0 5525 1348 (8.00 a.m.-4.00 p.m.)

Phuk Bung Hern Fah, Rim Nam Nan (ผักบุ้งเหิรฟ้า รีมน้ำน่าน) Bhuddhabucha Road, Tel: 0 5524 9832 (5.00 p.m.-12.00 p.m.)

Puen Jae (เพือนเจ) 55/9 Srithammatripidok Road, Tel: 0 5521 9098
(Vegetarian food 8.00 a.m.-8.30 p.m.)

Riverside (ริเวอร์ไซด์) 5/4 Bhuddhabucha Road, Tel: 0 5524 8057 (5.00 p.m.-1.00 a.m.)

Ruen Lilawadee (เรือนลีลาวดี) 283/37 Mittraphap Road, Tel: 0 5521 4664

Sao Waros (เสาวรสโกชนา) 21/39 Sanam Bin Road, Tel: 0 5521 2942

So Lertros (ภัตตาคาร ส.เลิศรส) 4/5 Arthit Road, Tel: 0 5525 8442 (Thai-Chinese food 8.00 a.m.-10.00 p.m.)

Song Kwae Raft (แพอาหารสองแคว) 21 Wang Chan Road, Tel: 0 5524 2167 (11.00 a.m.-11.00 p.m.)

Suan Arhan Daeng (สวนอาหารแดง) 78 Sanam Bin Road, Tel: 0 5525 1757, 0 5524 6675 (Thai-Chinese food 10.00 a.m.-10.00 p.m.)

Suan Arhan Fah Thai Farm (สวนอาหารฟ้าไทยฟาร์ม) 144/1 Mu 11 Tambon Thatong, Km.10 Phitsanulok-Nakhon Sawan Road, Tel: 0 5522 6508-9, 08 1680 2285 www.fathairestaurant.com (Thai-Chinese food 10.00 a.m.-10.00 p.m.)

Tang Lak (ตั้งหลัก) Ekathotsarot Road, Tel: 0 5521 4245 (5.00 p.m.-10.00 p.m.)

Thiprod (ทิพย์รส) 9/11 Sairuthai Road, Tel: 0 5525 8200 (7.00 a.m.-9.30 p.m.)

Three House (ทรีเฮาส์) 48 Sanam Bin Road, Tel: 0 5521 2587-8 (a la carte 10.00 a.m.-1.00 a.m.)

Vietnam (เวียดนาม) 5/9 Phra Ong Dam Road, Tel: 0 5525 9065 (Vietnamese food 10.00 a.m.-2.00 p.m., 4.00 p.m.-8.00 p.m.)

Wong Rim Nan (ห้วงริมнан) 201/1 Bang Payom Road, Tel: 0 5528 0222 (10.00 a.m.-10.00 p.m.)

Amphoe Nakhon Thai

Duang jai (ดวงใจ) Phu Hin Rong Kla National Park, 172 Mu 7 U-don Damri Road, Tel: 08 1675 1578 (Som Tum, a la carte)

Rang Thong (รังทอง) Phu Hin Rong Kla National Park, Tambon Nern Perm, Tel: 0 5521 9510-3 (Som Tum, a la carte 7.00 a.m.-8.00 p.m.)

Amphoe Wang Thong

Ban Suan Wang Nok Aen (บ้านสวนวังนกแอ่น) 564 Tambon Wan Nok Aen, Tel: 08 1533 6488, 08 9880 0004

Restaurant on Phitsanulok-Lomsuk Route

Ban Sang Tawan (บ้านแสงตะวัน) Km. 28, Tel: 0 5531 8285 (10.00 a.m.-10.00 p.m.)

Gardener coffee (การ์เดนเนอร์คอฟฟี่) Km. 42 (7.00 a.m.-9.00 p.m.)

Ja Tawee's coffee (กาแฟสดจำทวี) Km. 45, Tel: 0 5529 3271 (7.00 a.m.-9.00 p.m.)

Nittaya (นิตยา) Km. 45, Tel: 0 5529 3212 (10.00 a.m.-9.00 p.m.)

Pussanaree coffee (ภัสนารีย์คอฟฟี่) Km. 62, Tel: 08 1475 0096 (Samoon pai Coffee 8.30 a.m.-4.00 p.m.)

Rim kaeng (ริมแก่ง) Km. 45, Tel: 0 5529 3770 (10.00 a.m.-8.00 p.m.)

Thin Thai Lan Lanthom (ถิ่นไทย ลานลั่นทม) Km. 42 (7.00 a.m.-9.00 p.m.)

Car Rental

Avis (เอวิส พินุกโลก) 38 Sanam Bin Road, Tel: 0 5524 2060 Fax: 0 5521 0864

Budget (บัดเจ็ต พินุกโลก) Phitsanulok Airport, Tel: 0 5525 8556

Chumpon Car Service (ชุมพรรถเช่า) 35/7-8 Ekathotsarot Road, Tel: 0 5521 4720, 0 5524 8968 Fax: 0 5524 2057

Natthapong Tour (นัทรพงษ์ทัวร์) 80 Mu 5 Tambon Ban Klong, Tel: 0 5524 1784, 08 1887 5352 Fax: 0 5524 3549

Rung Thong Tour (รังทองทัวร์) 55/37 Surasri Trade Center, Tel: 0 5525 9973, 0 5521 9510-3 Fax: 0 5525 1731

Useful Calls

<i>Provincial Public Relations</i>	Tel: 0 5525 1394
<i>Provincial Office</i>	Tel: 0 5525 8559
<i>Mueang District Office</i>	Tel: 0 5524 5136
<i>Buddhachinaraj Hospital</i>	Tel: 0 5521 9844
<i>Pitsanuvej Hospital</i>	Tel: 0 5590 9000
<i>Ruamphat Hospital</i>	Tel: 0 5521 9307-16
<i>Ratanavej Hospital</i>	Tel: 0 5521 2222
<i>Inter Vejchakarn Hospital</i>	Tel: 0 5521 8777
<i>Police Station</i>	Tel: 0 5525 8777
<i>Highway Police</i>	Tel: 1193
<i>Tourist Police</i>	Tel: 0 5524 5357-8
<i>Meteorological Center</i>	Tel: 1182
<i>Telephone Directory</i>	Tel: 1133

Tourist Information Center Tourism Authority of Thailand Head Office

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Ratchathewi, Bangkok 10400

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Ministry of Tourism and Sports

4 Ratchadamnoen Nok Avenue, Bangkok 10100

8.30 a.m.-4.30 p.m. everyday

TAT Phitsanulok

209/7-8 Surasi Trade Center, Boromtrailokanat Road,

Amphoe Mueang Phitsanulok, Phitsanulok 65000

Tel: 0 5525 2742-3, 0 5525 9907

Fax: 0 5523 1063

E-mail: tatphlok@tat.or.th

Areas of Responsibility: Phitsanulok, Phetchabun

Updated
March 2009



แผนที่ตัวเมืองพิษณุโลก

PHITSANULOK CITY MAP



สัญลักษณ์ Legend

- | | | |
|--|----------------------------|-------------------------------|
| | ศาลากลางจังหวัด | City Hall |
| | ไปรษณีย์ | Post Office |
| | โรงเรียน | School |
| | สถานีขนส่ง | Bus Terminal |
| | สถานีรถไฟ | Railway Station |
| | การท่องเที่ยวแห่งประเทศไทย | Tourism Authority of Thailand |

- | | | |
|--|------------------|----------------|
| | สนามบิน | Airport |
| | สถานีตำรวจ | Police Station |
| | ทางรถไฟ | Railway |
| | ถนน | Road |
| | แหล่งน้ำ, แม่น้ำ | Stream, River |

โรงแรม Hotel

- 1 โรงแรมวังแก้ว Wang Kaeo Hotel
- 2 โรงแรมไพลิน Pailyn Hotel
- 3 โรงแรมช้างเผือก Chang Puak Hotel
- 4 โรงแรมราชพฤกษ์ Ratchaphuk Hotel & Guesthouse
- 5 โรงแรมอุทอง Uthong Hotel
- 6 โรงแรมอมรินทร์นคร Amarin Nakorn Hotel
- 7 โรงแรมสมัยนิยม Samai Niyom Hotel
- 8 ลิไท เกสต์เฮาส์ Lithai Guesthouse
- 9 โรงแรมเทพนคร Thep Nakorn Hotel
- 10 โรงแรมน่านเจ้า Nan Chao Hotel
- 11 โรงแรมลาปาโลมา La Paloma Hotel
- 12 โรงแรมพิษณุโลกธานี Phitsanulok Thani Hotel

วัด Temple (Wat)

- 1 วัดพระศรีรัตนมหาธาตุวรมหาวิหาร หรือ วัดใหญ่ หรือ วัดพระศรี Wat Phra Si Rattana Mahathat Woramahawihan, Wat Yai or Wat Phra Si
- 2 วัดนางพญา Wat Nang Phaya
- 3 วัดราชบูรณะ Wat Ratchaburana
- 4 วัดเจดีย์ยอดทอง Wat Chedi Yot Thong

โรงพยาบาล Hospital

- 1 โรงพยาบาลรัตนเวช Ratanavej Hospital
- 2 โรงพยาบาลรวมแพทย์ Ruamphat Hospital
- 3 โรงพยาบาลพิษณุเวช Pitsanuvej Hospital
- 4 โรงพยาบาลพุทธชินราช Buddhachinaraj Hospital
- 5 โรงพยาบาลอินเตอร์เวชการ Inter vejchakarn Hospital

ตลาด Market

- 1 ตลาดค้าผักสด Fresh Vegetable Market
- 2 ตลาดเทศบาล 1 (ตลาดกิตติกร) Municipal Market 1 (Kittikorn Market)

สถานที่สำคัญ Places

- 1 มหาวิทยาลัยราชภัฏพิบูลสงคราม Pibulsongkram Rajabhat University
- 2 สำนักงานเทศบาลนครพิษณุโลก Phitsanulok Municipal Office
- 3 วิทยาลัยเทคนิคพิษณุโลก Phitsanulok Technical College
- 4 มหาวิทยาลัยนเรศวร Naresuan University

แหล่งท่องเที่ยว Tourist Attraction

- 1 ศาลสมเด็จพระนเรศวรมหาราช King Naresuan the Great's Shrine
- 2 ศาลหลักเมืองพิษณุโลก City Pillar Shrine
- 3 พิพิธภัณฑ์พื้นบ้านจันทวี Sgt. Maj. Thawee Folk Museum
- 4 สวนนกไทยศึกษา Thai Bird Garden

ร้านอาหาร Restaurant

- 1 ร้านอาหารทรีเฮาส์ Three House Restaurant
- 2 ร้านอาหารมื้อไทย Mue Thai Restaurant



Information by: TAT Phitsanulok

Tourist information Division (Tel. 0 2250 5500 ext. 2141-5)

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Website: www.tourismthailand.org



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